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## HAVE FIGURES OF ATHLETES

American Business Men of Today Far Better Proportioned Than Those of a Generation Ago.

"The American man, the American business man of forty or forty-five, has got a new shape," said a tailor. "He's got a lean, straight shape—full chest, narrow hips. But if you could have seen him a generation ago!

"The business man of forty expected to be fat and soft a generation ago. He rather admired, in fact, a fat, soft shape. The richest business men were fat and soft—and that made a fashion of it—just as Queen Alexandra's lameness made a limp fashionable in Victorian times.

"What stomachs our fathers had at forty or forty-five! Feather-bed stomachs which they balanced by bending backward. A big stomach was a sign of success, a sign of gentility. If you were lean, why, you must be a laborer—perhaps you didn't get enough to eat.

"What is the cause of the slender, agile figures of today? Open air and exercise—that's the cause. Golf is the cause. Motoring is the cause.

"My friend," the tailor impressively ended, "my books show that the middle-aged business man of today is four inches bigger around the chest than the middle-aged business man of 1890, and 18 inches smaller around the stomach."

Graduate American College  
MECHANOTHERAPY

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**DR. EMMA E. MANN**  
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Mechano-Therapist

A combination of the most scientific features of the German, French and Swedish manipulation of chronic diseases, liver and stomach trouble, rheumatism, paralysis and head aches and heart trouble.

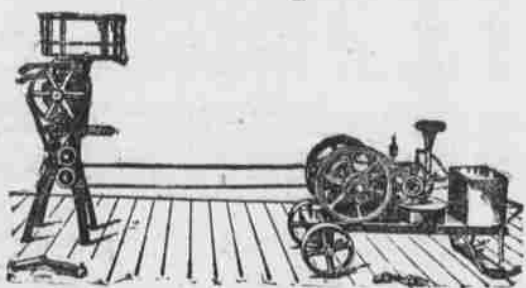
P. O. Box 386 Liberal, Kans.

## They Bring Them TO US

We make 'em all look like new  
Orders for Tailor Made Clothes

## Black's Sutorium

## International Harvester Cream Separators



The IHC Line  
GRAIN AND HAY  
MACHINES  
Binders, Reapers  
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Planters, Pickers  
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Shellers, Shredders  
TILLAGE  
Peg, Spring-Tooth,  
and Disk Harrows  
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GENERAL LINE  
Oil and Gas Engines  
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Blower Spreaders  
Cream Separators  
Farm Wagons  
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Binder Twine

**PIGS** and calves thrive and grow fat when fed with warm, skim milk. You cannot get warm skim milk to feed them unless there is a cream separator on your farm. There is money enough in this one advantage to pay for a cream separator the first year. This is specially true if you buy a close skimming, durable International Harvester cream separator—Lily, Bluebell or Dairymaid.

These separators have all the points which make cream separators good. They have the balanced bowl, the self-adjusting neck bearing, the tool steel spindles, the bronze bushings, the spiral gears, the low supply can, the high skim milk spout, and the open, sanitary base, without which no separator can be satisfactory.

Some dealer near you handles IHC separators. If you do not know, write us and we will tell you who he is. We will also send you our cream separator book which tells you why it pays so well to buy an IHC separator.

International Harvester Company of America  
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Hutchinson

Kans.

Champion Deering McCormick Milwaukee Osborne Plano



This Department Edited by A. E. Wahlin, Gen. Secretary, Topeka

## NOTES

When hard times come and the business office must cut down their forces, it is always the case that those who are first thrown out of employment are those who are not trained workers. In these days success depends very much on training.

Every young person should have a practical business training, no matter what may be his life work.

It seems to me that every young person who realizes the help that a business course would be to him, would be intensely desirous of getting such training.

Some young people find themselves handicapped; but the old saying is "Where there's a will there's a way". If you really want a business education and not see your way of getting it, just write me about the matter and I may be able to find a way for you.

Write me fully and frankly, inclosing return postage and I will give you a prompt reply.

## A TRUE SHORTHAND STORY

"Well," said Paul as he came home with the mail, "here is the much talked of paper," and he handed to his sister Grace a copy of the Topeka Daily Capital, the first of the six issues conducted by Rev. Chas. M. Sheldon, author of "In His Steps," which circulated by the hundreds of thousands all over the English-speaking world.

Paul's father was a retired Methodist minister, and the family lived on a fruit farm about 12 miles from Grand Rapids.

"Why here is what I want," said Grace, after she had looked over the paper. "Here is some who says he teaches shorthand successfully by mail, and he claims to have a very easy method. I'll investigate at once."

And several days afterward she received circulars and a letter from the shorthand teacher. She had a typewriter, and the prospect of learning stenography without being obliged to leave home was attractive to her.

Within a few days she had received the text books and her first lesson, which was really was a personal letter to her, written in shorthand. She managed to make out nearly all of it, and writing it in longhand sent it to the teacher, also writing a letter in

shorthand, as requested by him.

Imagine a letter written to you in shorthand; would you not be interested to know what it contained for you, and would you dig it out if you could?

Grace was a busy young lady, as most girls on a farm have to be. But she was determined to learn, and therefore it was not so very difficult to find the time, after all. The trouble with most of us is not that we do not have the time, but that we have not learned how to use the time we have.

When Grace wrote to the teacher: "I have out this lesson while churning the butter, at 5 o'clock in the morning," he said, "Well! she will be a credit to herself and to me."

So the instruction including typewriting as well as shorthand, continued for about ten weeks, when something happened.

"Say, Grace, how would you like a position as stenographer?" asked her father one evening, as he came home from town.

"Oh I'm not ready for a position; do you think I am?"

"Well, Mr. Stephens told me he needs another stenographer now, and that he would be willing to let you try the place. He has three other stenographers, you know, and he will be easy with you to begin with. I think it might be well for you to try it, at any rate."

And so it was arranged.

With a fearful though determined heart Grace sat down to take her first dictation. Mr. Stephens began slowly but soon was talking as though to his correspondents face to face. After dictating a number of letters he said "You seem to have done nicely so far; let us see how well you read them; that is the test of your work, you know."

And she read them off to him without hesitation and without error.

"Well, that is fine," said Mr. Stephens. "The most experienced stenographer in the office could not read her notes like that."

After Grace had been there several days Mr. Stephens, to test her but really because he felt sure she could handle the work all right, talked off letters and other business documents to her for two days steadily, without giving her any opportunity to write out any of it. It is comparatively easy to take several letters at a time and then write them out, because the memory will help one; but in two days one would have written so much that every bit of it would have to be read, for practically none of it could be remembered. Grace was at the additional disadvantage of being unfamiliar with many of the terms used in this business; yet when it came to reading her notes she found no difficulty whatever.

"Well, I am glad I learned about Dougherty's Brief Shorthand and decided to study it instead of the other system, for I can easily see that with it I could not possibly have done with this shorthand," said Grace.

Mr. Stephens although not especially interested in the shorthand which she used, soon found that Grace could take her notes with equal readiness on any kind of paper, while the other stenographers had to use ruled paper. This was often a great convenience to him, as he went through the establishment, dictating matters pertaining to the various departments; and he continually spoke of how well Grace read her notes.

So it went on for about three months, when one day Mr. Step-

# SPECIAL SALE of SPUDS

We Will Sell on SATURDAY, MAY 9th  
delivered anywhere in town, Western Slope Colorado  
Potatoes, fresh, sorted, and without sprouts at **85c per bu.**

Call and see them the price is right and delivery will be made prompt. Orders taken any time before Saturday. **SEE REGULAR AD.**

## The Equity Exchange Association

144 CALL EITHER PHONE 216

hens promoted her over the heads of the other three stenographers, simply because she was the best stenographer he had.

For about a year Grace remained with this establishment, when an offer came from the Fox Type-writer Company, of the same city, which she accepted. Mr. Fox had learned about her good work, and naturally desired her services. Although this is a great establishment, employing many stenographers, it was not long until Grace was holding the position of head stenographer, where great skill and accuracy are required.

Many times she has written Mr. Dougherty: "I am so glad that I learned your shorthand; I know I owe my success chiefly to that, for it was my ability to read my notes so well that brought me success, and it was the legibility of your shorthand that enabled me to do so well in reading my notes."

T. F. Hopkins estimated that without anymore rain that the wheat crop would go eight bushels to the acre in this vicinity. Now indications are that it will be over that amount to the acre.

## Married

F. P. Hangen to Nellie McElwain both of Goodland, Kansas were married April 28, at the Court House by, Probate Judge Campbell.

See our rig to lift the dirt out, before commencing to dig that silo. ad 21 5-1

Liberal Hdw. Co. Thos. W. Gaw Gardner and Vickers are planning on putting in an elevator at this place soon.

Dr. T. A. Jones and family expected in Liberal the first of the week were detained visitors in Plains for a few days before they reached Liberal. Dr. Jones has been in Chicago for several months taking post-graduate work.

Guaranteed—an abstract from the Seward County Abstract Co. ad 11

Mrs. Robert Dickerson has been quite sick the past week with gall stones. It is thought that she will have to be taken to Hutchinson for a surgical operation.

Monday morning the roads to Liberal were being dug and put into fine shape for travel since the rain.

Mrs. G. H. Light who was hurt by a horse knocking her down when she tried to get into the buggy is recovering nicely at this time.

Chas. Light and family were down in the Floris neighborhood Sunday. He said the valley looked green and beautiful for miles.

Virgil Shepherd employed at the Star Lumber yard was taken with appendicitis Friday and the first of the week had a surgical operation performed.

Mrs. Aaron Walton went to Bucklin Friday to visit relatives a few days.

R. A. Ward made business trip to Hayne the latter part of last week.

J. C. McFarland and wife came home Friday from Topeka where they had been visiting relatives.

Mrs. Anna C. Weighmeyer, of the Dombey neighborhood came home last Friday from Barnes where she had been visiting relatives a few weeks.

Not in  
the Trust  
**EGGS**  
**15c**  
a Dozen  
**CASH**

### War With Mexico

is nothing compared with  
the war the farmers of  
Kansas have had trying to  
get what their Eggs, poultry,  
Butter Fat, Hides, and  
other produce was worth.

Not in  
the Trust  
G. S.  
**Hides**  
**11c Per**  
**Pound**  
**CASH**

We are locating in Liberal to buy and sell PRODUCE on the market, and when the market goes up, we go up, and when it goes down, we will have to go down, as we are going to be satisfied with a small margin for our share of the profits.

Green Salt Hides, Delivered to Liberal, per pound	11c
Green Salt Hides, delivered to Liberal, per pound, Side Brands	9c
Glue Hides, delivered to Liberal, per pound	6c
Hens, four pounds and over, delivered to Liberal, per pound	11c
Hens, under four pounds, delivered to Liberal, per pound	10c
Roosters, all kinds, delivered to Liberal, per pound	5c
Ducks, full feathered, delivered to Liberal, per pound	6c
Geese, full feathered, delivered to Liberal, per pound	6c

# EGGS, 15C

PER DOZEN IN CASH

YES--we buy  
Cream, if you  
live in other  
towns around  
Liberal, send  
us your name.

## D. Corkins

Cash Buyer of Produce  
R. D. Erdman, Mgr. Liberal, Ks.

Try the buyer  
that believes  
in DIVIDING  
UP WITH  
THE PRODUCER.